

Cranaleith

If your organization, nonprofit, business, school or hospital needs a tranquil, non-traditional setting to do its planning, team-building or mission re-kindling; if your staff needs a "get-away-from-it-all" space for respite or re-focusing; if you need a contemplative environment where you can revisit and reinvigorate your values and refresh your spirits; or if you need a beautiful sanctuary where your marginalized clients can explore their hopes and potentials... you are welcome here.

For more information on Cranaleith's programming, please visit www.cranaleith.org.

Mission Statement

Sponsored by the Sisters of Mercy, Cranaleith offers a contemplative space for all those seeking wholeness and transformation for themselves and society. We are committed to making Cranaleith accessible to all, especially to persons who are poor and those who work in solidarity with them. We invite those at the center of need and those at the center of influence to reflection, reverent dialogue and meaningful partnerships.

You Are Welcome Here



Cranaleith opened in 1998.

Name means "Sanctuary of Trees."

Has hosted more than 45,000 guests.

Mercy Education & Conference Center can accommodate groups up to 60 for meetings and meals.

Hospitality is extended to people of all faiths and traditions.



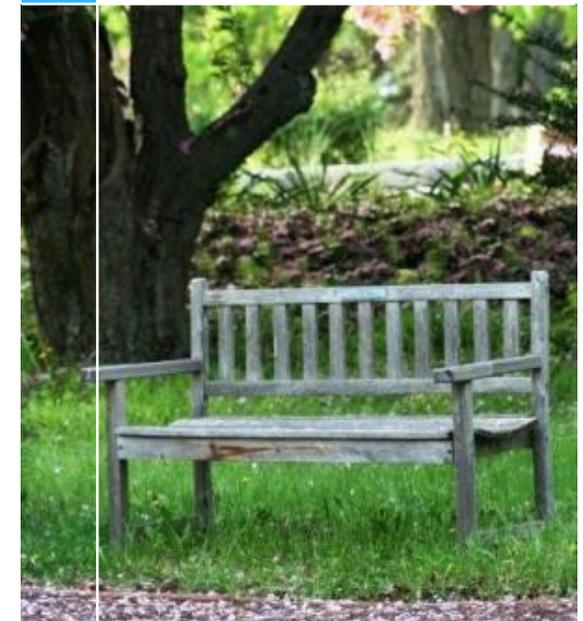
Cranaleith Spiritual Center

13475 Proctor Road
Philadelphia, PA 19116
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www.cranaleith.org

A Ministry of the Sisters of Mercy

Cranaleith Spiritual Center

A Sanctuary



Offering support and safe space to those who wish to reflect on what matters deeply in their lives, renew their spirit for life or work, or restore themselves from life's traumas.



REFLECTION

on what matters in life

- Those who seek to deepen their relationship with God
- Business leaders balancing work, home and values
- People interested in nurturing their faith through programs, retreats or spiritual direction

“The kind of stillness fostered is an attentive, receptive listening in the heart... an opportunity to sense the deeper feelings or sensitivities of our spirit, the questions we are living with, and the insights we are coming to understand.”

This is the reflection of a woman who engages in deep listening as she strives to live from the center.

RENEWAL

of spirit for life or work

- Nonprofit human-service agencies serving marginalized populations
- Leadership and staff of health care providers, faith-based groups, educational institutions, etc.
- Individuals or groups seeking respite for mind, body and spirit

“It made such a difference to us to be here. We were at one another’s throats. The environment here was so helpful. We’re more together. We can... breathe. Now we can breathe.”

After retreat time at Cranaleith with his colleagues, this was spoken by a caseworker with court-adjudicated youth, overwhelmed by the crush of need and the depletion of resources.

RESTORATION

from life’s traumas

- Individuals who seek healing and strength in the midst of suffering
- Veterans and their families
- The vulnerable among us dealing with poverty, abuse, addiction, mental illness or homelessness

“Cranaleith has a softly spoken atmosphere that says you’re welcome here; come and rest. It also has a sensitive spirit. When you’re sad it sends a cool breeze to touch and comfort you. When you’re happy it wants to share in your joy, so it sends the sun’s warmth. Cranaleith is a place of peace.”

These are words of a formerly homeless mentally challenged woman who was inspired by her weekly gardening experience to pursue her gift of writing.